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# Lights And Sirens The Education Of A Paramedic

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**The Sirens of Mars** Chicago Review Press  
“Sarah Stewart Johnson interweaves her own coming-of-age story as a planetary scientist with a vivid history of the exploration of Mars in this celebration of human curiosity, passion, and perseverance.”—Alan Lightman, author of *Einstein’s Dreams* WINNER OF THE PHI BETA KAPPA AWARD FOR SCIENCE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • Times (UK) • Library Journal  
“Lovely . . . Johnson’s prose swirls with lyrical wonder, as varied and multihued as the apricot deserts, butterscotch skies and blue sunsets of Mars.”—Anthony Doerr, The New York Times Book Review Mars was once similar to Earth, but today there are no rivers, no lakes, no oceans. Coated in red dust, the terrain is bewilderingly empty. And yet multiple

spacecraft are circling Mars, sweeping over Terra Sabaea, Syrtis Major, the dunes of Elysium, and Mare Sirenum—on the brink, perhaps, of a staggering find, one that would inspire humankind as much as any discovery in the history of modern science. In this beautifully observed, deeply personal book, Georgetown scientist Sarah Stewart Johnson tells the story of how she and other researchers have scoured Mars for signs of life, transforming the planet from a distant point of light into a world of its own. Johnson’s fascination with Mars began as a child in Kentucky, turning over rocks with her father and looking at planets in the night sky. She now conducts fieldwork in some of Earth’s most hostile environments, such as the Dry Valleys of Antarctica and the salt flats of Western Australia, developing methods for detecting life

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on other worlds. Here, with poetic precision, she interlaces her own personal journey—as a female scientist and a mother—with tales of other seekers, from Percival Lowell, who was convinced that a utopian society existed on Mars, to Audouin Dollfus, who tried to carry out astronomical observations from a stratospheric balloon. In the process, she shows how the story of Mars is also a story about Earth: This other world has been our mirror, our foil, a telltale reflection of our own anxieties and yearnings. Empathetic and evocative, *The Sirens of Mars* offers an unlikely natural history of a place where no human has ever set foot, while providing a vivid portrait of our quest to defy our isolation in the cosmos.

Sirens Zed Books Ltd.

#1 NEW YORK TIMES BESTSELLER

- More than one million copies sold!

“ brilliant ” (Lupita Nyong’ o, Time),  
“ poignant ” (Entertainment Weekly),  
“ soul-nourishing ” (USA Today)  
memoir about coming of age during the twilight of apartheid  
“ Noah ’ s childhood stories are told with all the hilarity and intellect that characterizes his comedy, while illuminating a dark and brutal period in South Africa ’ s history that must never be forgotten. ” —Esquire  
Winner of the Thurber Prize for American Humor and an NAACP Image Award • Named one of the best books of the year by The New York Time, USA Today, San Francisco Chronicle, NPR, Esquire, Newsday, and Booklist  
Trevor Noah ’ s unlikely path from apartheid South Africa to the desk of The Daily Show began with a criminal

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act: his birth. Trevor was born to a white Swiss father and a black Xhosa mother at a time when such a union was punishable by five years in prison. Living proof of his parents' indiscretion, Trevor was kept mostly indoors for the earliest years of his life, bound by the extreme and often absurd measures his mother took to hide him from a government that could, at any moment, steal him away. Finally liberated by the end of South Africa's tyrannical white rule, Trevor and his mother set forth on a grand adventure, living openly and freely and embracing the opportunities won by a centuries-long struggle. Born a Crime is the story of a mischievous young boy who grows into a restless young man as he

struggles to find himself in a world where he was never supposed to exist. It is also the story of that young man's relationship with his fearless, rebellious, and fervently religious mother—his teammate, a woman determined to save her son from the cycle of poverty, violence, and abuse that would ultimately threaten her own life. The stories collected here are by turns hilarious, dramatic, and deeply affecting. Whether subsisting on caterpillars for dinner during hard times, being thrown from a moving car during an attempted kidnapping, or just trying to survive the life-and-death pitfalls of dating in high school, Trevor illuminates his curious world with an incisive wit and unflinching honesty.

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His stories weave together to form a moving and searingly funny portrait of a boy making his way through a damaged world in a dangerous time, armed only with a keen sense of humor and a mother's unconventional, unconditional love.

*Code Calm on the Streets* Penguin

In this collection, the "early echoes" are the isolating sirens of patrol cars and ambulances in the darkness, along with poems of morning glories in urban alleyways, of seedy coffee shops and neglected stone fountains in vacant back yards. These poems explore the present by reworking it in terms of the past.

Sonnets and villanelles alternate with free verse as present and past subsume and modify the solitary echoes of experience

lived and reworded, abbreviated and re-amplified. Experience in these poems is concentric rather than linear, echoes of circles and spheres, of repetitions and refrains. The subject matter is time-self-referential hours and decades, time at once alternating and static, cyclic and monolithic, alienating and echoing, time circular and frozen as stone.

Killing Season Penguin

Illinois 2021 Rules of the Road handbook, drive safe!

**Joel Meets the Paramedics**

Random House

The war has begun. The Dragons are gaining power, and the Gray Clan stands alone. Desperate to find a way to stop the Pendragon, Emilia is forced to seek

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answers from someone who hasn't been seen in seventeen years... Her mother. Embarking on a magical journey filled with witches, wizards, centaurs and a dangerous and powerful Siren, Jacob and Emilia must take a leap of faith to a land neither could have ever imagined ... and hope they can find their way home. Wild Rescues Little, Brown "Be brave. Be kind. Fight fires." That's the motto of firefighters, like Hersch Wilson, who spend their lives walking toward, rather than away from, danger and

suffering. As in Zen practice, firefighters are trained to be fully in the moment and present to each heartbeat, each life at hand. In this unique collection of true stories and practical wisdom, Wilson shares the Zen-like techniques that allow people like him to stay grounded while navigating danger, comforting others, and coping with their personal response to each crisis. Every life contains the unexpected and the unwelcome. How you cope with those inevitable events, more than the events themselves, defines the quality of your life. Firefighter Zen is an

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invaluable guide to meeting every day with your best calm, resilient, and optimistic self.

**Teenage CFO** PennWell Books  
Wild Rescues is a fast-paced, firsthand glimpse into the exciting lives of paramedics who work with the National Park Service: a unique brand of park rangers who respond to medical and traumatic emergencies in some of the most isolated and dangerous parts of America. In 2014, Kevin Grange left his job as a paramedic in Los Angeles to work in a response area with 2.2 million acres: Yellowstone National Park. Seeking a break from city life and urban EMS,

he wanted to experience pure nature, fulfill his dream of working for the National Park Service, and take a crash-course in wilderness medicine. Between calls, Grange reflects upon the democratic ideal of the National Park mission, the beauty of the land, and the many threats facing it. With visitation rising, budgets shrinking, and people loving our parks to death, he realized that—along with the health of his patients—he was also fighting for the life of "America's Best Idea."

*Invisible Child* Chicago Review Press

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An adrenaline-fueled read that will stay with you long after you turn the final page, *Bad Call* is a "compulsively readable, totally unforgettable" memoir about working on a New York City ambulance in the 1960s (James Patterson). *Bad Call* is Mike Scardino's visceral, fast-moving, and mordantly funny account of the summers he spent working as an "ambulance attendant" on the mean streets of late-1960s New York. Fueled by adrenaline and Sabrett's hot dogs, young Mike spends his days speeding from one chaotic emergency to another. His adventures take him into the middle of incipient race riots, to the scene of a plane crash at JFK airport and into private lives all over Queens, where New Yorkers are suffering, and dying, in unimaginable ways. Learning on the job, Mike encounters all manner of freakish accidents (the man who drank Drano, the woman attacked by rats, the man who inflated like a balloon), meets countless unforgettable New York characters, falls in love, is nearly murdered, and gets an early and indelible education in the impermanence of life and the cruelty of chance. Action-packed, poignant, and rich with

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details that bring Mike's world to technicolor life, *Bad Call* is a gritty portrait of a bygone era as well as a bracing reminder that, though "life itself is a fatal condition," it's worth pausing to notice the moments of beauty, hope, and everyday heroism along the way. *Bad Call* Johns Hopkins University Press

When you see a fire truck, an ambulance, or a law enforcement vehicle screaming down the road with their lights and sirens blaring, where are they going? What if you can find out what type of emergency calls first-responders go to on a daily basis? What if you could get a sneak peak

behind the curtain to see exactly what kind of scenario they are running in to? This book will expose you to the typical life of a firefighter or paramedic, or even a law enforcement officer. You will see how the author got started in the field and had an exhilarating forty-two years on the job highlighting the good, the bad, the sad, the ugly, and the downright messed up world a first-responder is exposed to. This book will show you that everyone from all walks of life will have some type of emergency and how responders provide the same level of care and support to all. In this book, EMT, Paramedic, and Law Enforcement recruits will learn: - What you may encounter during your career - How

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to deal with total strangers that are seeking your help - How to handle difficult situations you will encounter - Why it is important to work well with your co-workers - Why you will experience the most fulfilling and satisfying career available The average citizen will learn: - The emotional trauma first-responders are exposed to - Why first-responders are such a tight-knit group? - What it is like to actually save the life of a complete stranger - What first-responders are exposed to on a daily basis - Why first-responders have a dark sense of humor Current or retired first-responders will: - Enjoy comparing notes with their career - Have a good laugh along with some of the stranger calls you can relate to - Shed a tear when a story hits home with you as it triggers remembering a similar situation - Have the opportunity to share with friends and family a summary of what your career is all about by having them read this book Pick up your copy TODAY by clicking the BUY NOW button at the top of the page!

Stuff You Should Know Penguin Code Calm on the Streets provides the concepts and psychological skills for performance enhancement in medical emergencies for pre-hospital emergency personnel. It is clear that those who choose such a career already possess special character, and

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it is tested on a daily basis. Whether in routine care or emergency situations, each response provides the opportunity for touching and changing patient lives. Code Calm can help you do this with greater confidence and competence. Contents: Chapter 1 - Fit for Duty: Physical Conditioning and Mental Toughness Chapter 2 - Emotional Lights and Sirens: Arousal and Mental Toughness Chapter 3 - Mental Alarms: Stress, Fear and Mental Toughness Chapter 4 - Mental Diazepam: Arousal Control and Mental Toughness Chapter 5 - Mental Scans: Performance-

Enhancing Imagery and Mental Toughness Chapter 6 - Mental Scopes: Concentration and Mental Toughness Chapter 7 - Mental Prescriptions: Self-Talk and Mental Toughness Chapter 8 - Mental Ablations: Negative Thought Stopping and Mental Toughness Chapter 9 - Mental Clinical Pathways: Affirmations, Attitude and Mental Toughness  
MICHAEL J. ASKEN, PH.D. Mike holds a B.A. degree in social & behavioral sciences from the Johns Hopkins University. He completed his doctoral degree in clinical psychology with a minor in medical psychology at West Virginia University and received

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his internship training at the East Orange (New Jersey) Veterans' Administration Hospital. He is a Fellow of the Division of Health Psychology and the Division of Exercise and Sport Psychology of the American Psychological Association. He was involved in training physicians, intensive care unit nurses, neonatal intensive care unit nurses, nurse anesthetists and enterostomal therapists for twenty-five years. He was the psychologist for the Family Practice Residency at Polyclinic Medical Center and continues as the psychologist for Internal Medicine Residency and Surgical Residency Programs in Harrisburg, Pennsylvania. He was an adjunct assistant professor of behavioral science at the Milton S. Hershey Medical Center-Pennsylvania State University College of Medicine. He has been an invited reviewer for Pennsylvania Medicine, the Journal of the American Medical Association, the Western Journal of Medicine, the Sport Psychologist, and Adapted Physical Activity Quarterly. Dr. Asken has published articles in the American Journal of Psychiatry, the Journal of Surgical Research, Primary Care, Journal of Family Practice,

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Pennsylvania Medicine, Journal of Medical Education, Family Medicine, Physician Executive, Journal of the Association of Nurse Anesthetists, Journal of Practical Nursing, Professional Psychology, the International Journal of Sport Psychology and Rehabilitation Psychology, among others. While continuing to train residents and physicians, Dr. Asken is now the psychologist for the Pennsylvania State Police. He is on the editorial board of the The FireArms Instructor. He has written articles for PoliceOne.com., The Crisis Negotiator, The Tactical Edge, Calibre Press Street Survival Newslite, SWAT Digest, Law Officer, The Bulletin of the Pennsylvania Chiefs of Police, and the FireArms Instructor. He is an instructor for Top Gun undercover narcotics agent training. He has consulted with and/or provided training for the National Tactical Officers' Association, Eastern States Vice Investigators Association, the International Association of Law Enforcement Firearms Instructors, the New England Crisis Negotiator's Association, the FBI, the Pennsylvania Attorney General's Agents, the United States Postal Inspection

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Service, Navy Special Warfare Group I, and the U.S. Army War College. e-mail: dxrxtx@aol.com

**Born a Crime** Power of a Woman. Eleanor...

'Malala is an inspiration to girls and women all over the world.' - J.K. Rowling I Am Malala tells the remarkable true story of a girl who knew she wanted to change the world - and did. Raised in the Swat Valley in Pakistan, Malala was taught to stand up for her beliefs. When terrorists took control of her region and declared girls were forbidden from going to school, Malala fought for her right to an

education. And, on 9 October 2012, she nearly paid the ultimate price for her courage when she was shot on her way home from school. No one expected her to survive. Now, she is an international symbol of peaceful protest and the youngest person ever to win a Nobel Peace Prize. A must-read for anyone who believes in the power of change. \* This teen edition is a first-hand account told in Malala's own words for her generation. The paperback includes extra material, a Q&A and updated discussion notes. \* This book inspired the film HE NAMED ME MALALA, the winner of

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the BAFTA for Best Documentary.

**Riding the Lightning** Futurecycle Press

A riveting thriller about a damaged undercover detective navigating a web of politicians, drug lords, missing persons, and his own flawed department, perfect for readers of Tana French, Don Winslow and Dennis Lehane.

Infiltrating the inner circle of enigmatic criminal Zain Carver is dangerous enough. Pulling it off while also rescuing Isabelle Rossiter, a runaway politician's daughter, from Zain's influence? Impossible. That's why Aidan Waits is the perfect man for the job. Disgraced, emotionally damaged, and despised by his superiors. In other words, completely

expendable. But Aidan is a born survivor. And as he works his way deep into Zain's shadowy world, he finds that nothing is as it seems. Zain is a mesmerizing, Gatsby-esque figure who lures young women into his orbit—women who have a bad habit of turning up dead. But is Zain really responsible? And will Isabelle be next? Before long, Aidan finds himself in over his head, cut loose by his superiors, and dangerously attracted to the wrong woman. How can he save the girl if he can't even save himself?

**Sirens** Crown

Description: The feminine spirit soars in Power of a Woman as Eleanor of Aquitaine, toughest of

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medieval women, relates her memoirs: of caring and loyalties, triumphs and trials; of her marriages to two warring kings, Louis VII of France, then Henry II of England. She speaks intimately, emotionally of her too many quarreling sons, including Richard the Lionheart and John, of Magna Carta fame. A patron of troubadours, Eleanor commissions poetry as propaganda. She regales her readers with intrigues, crusades and tales of ruthlessness against barons, kings, popes and Thomas Becket, while confessing her loves, her hopes for her many children, and their fates. In midlife her sense of community leads her to set up her Court of Ladies to balance male-dominated worlds of Church and state. Her mission: to empower women with the Grace she enjoyed as the femme fatale of her day. Eleanor's power of a woman lets her pluck triumph from her defeats as well as her victories. Reviews: Those of you who know me know that for me to give a work of historical fiction a high

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rating, it has to offer something extraordinary. This Robert Fripp has done in *Power of a Woman*. In this highly unusual fictional autobiography, Mr. Fripp tells Eleanor of Aquitaine's story in her own words, as if she is dictating to a young lady in her household. *Power of a Woman*: review by Melissa Snell, Your Guide to Medieval History at About.com, which posts her full review at: [http://historymedren.about.com/od/ewho/fr/fripp\\_eleanor.htm](http://historymedren.about.com/od/ewho/fr/fripp_eleanor.htm) -Melissa Snell, Your Guide to Medieval History at About.com

Finally! *Power of a Woman* brings us an autobiography of Eleanor of Aquitaine that is accessible and entertaining. Telling her story in Eleanor's voice, Robert Fripp brings us medieval Europe through her eyes. At eighty-one, she hasn't much time. We feel her urgency, the chill in her bones. Impeccable research and storytelling combine to make this a must for all who want to know more about this fascinating woman. Her definition of love survives to this day! What a great read. This is so gripping. I got so

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totally caught up in this story one night that I woke up with images of Eleanor in my mind, and Kate Hepburn's voice in my ear. I love this tale. -Veronica Prior, Round Rock, TX Power of a Woman is gripping in its wealth of detail. It makes me feel like I am in the midst of the action. Of all books I have read, this is the only one that makes me experience what it must have felt like to have lived through those troublesome, exciting times. Such a wonderful, exciting book! -Lady Shirley Cassidy,

Dublin, Ireland Author Bio: British-born Robert Fripp gained a medieval outlook from five years on a choral scholarship in the choir of Salisbury Cathedral, the model for Lord of the Flies. He went on to study earth sciences before producing current affairs television for CBC in Toronto. He also: created IBM Visions magazine about high-performance computing; worked for Japan's public broadcaster; and wrote a book with great reviews, Let There Be Life, about cosmic and organic origins. Power of a

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Woman tells the memoirs of Eleanor of Aquitaine. Robert Fripp is hard to typecast; RobertFripp.ca may help.

*School Education* Routledge

The evolving field of emergency medical services (EMS) requires professional educators who are knowledgeable about teaching and learning strategies, classroom management, assessment and evaluation, technology in learning, legal implications in education, program infrastructure design, and administering programs of excellence to meet state and national accreditation guidelines. *Foundations of Education: An EMS Approach, Third Edition*, provides EMS educators with the tools,

ideas, and information necessary to succeed in each of these areas. The content reflects how current educational knowledge and theory uniquely apply to EMS students, educators, and programs. This textbook is used in the NAEMSE Instructor Courses, and is an excellent reference for all EMS educators, as well as educators in allied health professions. Evidence-Based Content In addition to foundational topics such as teaching philosophy and classroom management, the text covers brain-based learning, accreditation and program evaluation, emerging technologies, and assessment strategies. It guides educators to write objectives, prepare lesson plans, and deliver education in

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engaging ways to maximize student learning. Grounded in this information, EMS educators can promote effective education regardless of the type of course or setting. Highlights -Covers current educational theory and teaching methodologies specific to EMS -Meets and exceeds the latest DOT National Guidelines for Educating EMS Instructors -Offer practical advice and scenarios in the form of Teaching Tips and Case in Points Early Echoes Jones & Bartlett Learning

Many books have been written about Wittgenstein's philosophy, but this collection of articles on Wittgenstein and education is

the first study in book form in this area. There have been several articles in scholarly education journals, but the special cachet of this collection is that the contributors come from six countries. The collection has been edited by Paul Smeyers and Jim Marshall, philosophers of education who live in Belgium and New Zealand, respectively. Each of the chapters represents an original study of Wittgenstein, commissioned by the editors from colleagues they know to have written well

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on Wittgenstein and the implications of his ideas for education. Audience: Teachers, students and academics in the field of philosophy and education. Especially interesting to advanced students in these areas.

Firefighter Zen Yale University Press

Readers will find that this book is more than a collection of 156 fire service editorial cartoons. Paul Combs is a gifted artist who uses his talent as a tool to express his passion for making a difference in the fire service, the greatest job in the world.

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**We Beat the Street** Simon and Schuster  
Preceded by Intravenous therapy for prehospital providers / American Academy of Orthopaedic Surgeons; author, Christopher M. Andolsek. c2001.

Into the Breach UNESCO Publishing  
Stripping away the stigma of addiction through stories that are hard-hitting, poignant, sad, confessional, funny, and overall, human, *Killing Season* will change minds about the epidemic, help obliterate stigma, and save lives.

**I Am Malala** Hachette UK

A special 75th anniversary edition of Richard Wright's powerful and unforgettable memoir, with a new

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foreword by John Edgar Wideman and took to survive as a Black boy.  
an afterword by Malcolm Wright, the Enduring poverty, hunger, fear,  
author's grandson. When it exploded abuse, and hatred while growing up  
onto the literary scene in 1945, in the woods of Mississippi, Wright  
Black Boy was both praised and lied, stole, and raged at those  
condemned. Orville Prescott of the around him—whites indifferent,  
New York Times wrote that "if pitying, or cruel and Blacks  
enough such books are written, if resentful of anyone trying to rise  
enough millions of people read them above their circumstances.  
maybe, someday, in the fullness of Desperate for a different way of  
time, there will be a greater life, he headed north, eventually  
understanding and a more true arriving in Chicago, where he  
democracy." Yet from 1975 to 1978, forged a new path and began his  
Black Boy was banned in schools career as a writer. At the end of  
throughout the United States for Black Boy, Wright sits poised with  
"obscenity" and "instigating hatred pencil in hand, determined to "hurl  
between the races." Wright's once words into this darkness and wait  
controversial, now celebrated for an echo." Seventy-five years  
autobiography measures the raw later, his words continue to  
brutality of the Jim Crow South reverberate. "To read Black Boy is  
against the sheer desperate will it to stare into the heart of

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darkness," John Edgar Wideman writes in his foreword. "Not the dark heart Conrad searched for in Congo jungles but the beating heart I bear." One of the great American memoirs, Wright's account is a poignant record of struggle and endurance—a seminal literary work that illuminates our own time.

**Foundations of Education: An EMS Approach** Bcg Publishing

A former paramedic's visceral, poignant, and mordantly funny account of a decade spent on Atlanta's mean streets saving lives and connecting with the drama and occasional beauty that lies inside catastrophe. In the aftermath of 9/11 Kevin Hazzard felt that something was missing from his life—his days were too

safe, too routine. A failed salesman turned local reporter, he wanted to test himself, see how he might respond to pressure and danger. He signed up for emergency medical training and became, at age twenty-six, a newly minted EMT running calls in the worst sections of Atlanta. His life entered a different realm—one of blood, violence, and amazing grace. Thoroughly intimidated at first and frequently terrified, he experienced on a nightly basis the adrenaline rush of walking into chaos. But in his downtime, Kevin reflected on how people's facades drop away when catastrophe strikes. As his hours on the job piled up, he realized he was beginning to see into the truth of things. There is

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no pretense five beats into a chest compression, or in an alley next to a crack den, or on a dimly lit highway where cars have collided. Eventually, what had at first seemed impossible happened: Kevin acquired mastery. And in the process he was able to discern the professional differences between his freewheeling peers, what marked each—as he termed them—as “a tourist,” “true believer,” or “killer.” Combining indelible scenes that remind us of life’s fragile beauty with laugh-out-loud moments that keep us smiling through the worst, *A Thousand Naked Strangers* is an absorbing read about one man’s journey of self-discovery—a trip that also teaches us about ourselves.