
Compassionomics The Revolutionary Scientific Evid

Thank you for downloading **Compassionomics The Revolutionary Scientific Evid**. Maybe you have knowledge that, people have look numerous times for their favorite books like this Compassionomics The Revolutionary Scientific Evid, but end up in infectious downloads. Rather than enjoying a good book with a cup of tea in the afternoon, instead they juggled with some malicious virus inside their laptop.

Compassionomics The Revolutionary Scientific Evid is available in our book collection an online access to it is set as public so you can download it instantly.

Our digital library saves in multiple countries, allowing you to get the most less latency time to download any of our books like this one. Kindly say, the Compassionomics The Revolutionary Scientific Evid is universally compatible with any devices to read



Managing the Unexpected
Sounds True

Can refocusing conversations between doctors and their patients lead to better health? Despite modern medicine's infatuation with high-tech gadgetry, the single most powerful

diagnostic tool is the doctor-and the risk of misdiagnosis patient conversation, which and medical errors multiplies can uncover the lion's share dangerously. Though the gulf of illnesses. However, what between what patients say and patients say and what doctors what doctors hear is often hear are often two vastly wide, Dr. Danielle Ofri different things. Patients, proves that it doesn't have anxious to convey their to be. Through the powerfully symptoms, feel an urgency to resonant human stories that "make their case" to their Dr. Ofri's writing is doctors. Doctors, under renowned for, she explores pressure to be efficient, the high-stakes world of multitask while patients doctor-patient communication speak and often miss the key that we all must navigate. elements. Add in stereotypes, Reporting on the latest unconscious bias, conflicting research studies and agendas, and fear of lawsuits interviewing scholars,

doctors, and patients, Dr. Ofri reveals how better communication can lead to better health for all of us.

Medical Improv Ballantine Books

Why is it so difficult to obtain that ultimate physique, feel good and full of energy, or lose those those last few pounds-and keep them off? Could modern diet and exercise programs be a big part of the problem, making it easy to go from fat to fit-and back to fat again? As Dr. Willey reveals, you cannot over-exercise or under-eat your way to the body and energy you've always wanted. You need to know The Five Primary Tenants for Healthy Living revealed and applied in this book: 1. The HPA Axis and Effects of Cortisol 2. Hormonal Health and Balance 3. Gut Health and the Microbiome 4. Toxins 5. Oxidative Stress Dr. Willey provides real-world ways to finally obtain the body and energy you've wanted by questioning the status quo and revealing the problems with modern diet and exercise recommendations. He provides compelling case studies to bring the Five Primary Tenants to life and uncovers exactly how to

acquire that ultimate physique by finding balance in those five areas. On that foundation, Dr. Willey lays out a common sense way for you to succeed-The RecoverMe Approach to holistic, healthy living based on diet, exercise, sleep, and supplementation. It's time for you to finally enjoy the energy and body you've always wanted-beyond diet and exercise! It really is Obtainable!

Josie's Story PublicAffairs

The emotional and social components of teaching medical students to be good doctors The pelvic exam is considered a fundamental procedure for medical students to learn; it is also often the one of the first times where medical students are required to touch a real human being in a professional manner. In Feeling Medicine, Kelly Underman gives us a look inside these gynecological teaching programs, showing how they embody the tension between scientific thought and human emotion in medical education. Drawing on interviews with medical students, faculty, and the people who use their own bodies to teach this exam, Underman offers the first in-depth examination of this essential, but seldom discussed, aspect of

medical education. Through studying, teaching, and learning about the pelvic exam, she contrasts the technical and emotional dimensions of learning to be a physician. Ultimately, Feeling Medicine explores what it means to be a good doctor in the twenty-first century, particularly in an era of corporatized healthcare.

Why Hospitals Should Fly John Wiley & Sons

The “ wrenching but inspiring ” true story of a tragic medical mistake that turned a grieving mother into a national advocate (The Wall Street Journal). Sorrel King was a young mother of four when her eighteen-month-old daughter was badly burned by a faulty water heater in the family ’ s new home. Taken to the world-renowned Johns Hopkins Hospital, Josie made a remarkable recovery. But as she was preparing to leave, the hospital ’ s system of communication broke down and Josie was given a fatal shot of methadone, sending her into cardiac arrest. Within forty-eight hours, the King family went from planning a homecoming to planning a funeral. Dizzy with grief, falling into deep depression, and close to ending her marriage, Sorrel slowly pulled herself and her life back together. Accepting Hopkins ’ settlement, she and

her husband established the Josie King Foundation. They began to implement basic programs in hospitals emphasizing communication between patients, family, and medical staff—programs like Family-Activated Rapid Response Teams, which are now in place in hospitals around the country. Today Sorrel and the work of the foundation have had a tremendous impact on health-care providers, making medical care safer for all of us, and earning Sorrel a well-deserved reputation as one of the leading voices in patient safety. “ I cried . . . I cheered ” at this account of one woman ’ s unlikely path from full-time mom to nationally renowned patient advocate (Ann Hood). “ Part indictment, part celebration, part catharsis ” Josie ’ s Story is the startling, moving, and inspirational chronicle of how a mother—and her unforgettable daughter—are transforming the face of American medicine (Richmond Times-Dispatch).

The Magic Feather Effect St. Martin's Essentials

Dr. Richards takes the concept of karma out of the realm of metaphysics as he explains how karmic patterns may be affecting one's relationship in practical terms that enable readers to easily identify and learn to dissolve their destructive or recurring patterns.

What Patients Say, What Doctors Hear HarperCollins

This book makes a significant contribution to the need for compassion in the 21st-century neoliberal university. Compassion is a process that involves (i) noticing that suffering is present in an organization; (ii) making meaning of suffering in a way that contributes to a desire to alleviate it; (iii) feeling empathic concern; and (iv) taking action. There is increasing recognition of the crucial role of compassion as a core concern in education, health and social care, and globally to ensure the future sustainability of humankind and the planet. Drawing upon a wide range of interdisciplinary, theoretical, and professional perspectives—including social sciences, modern Darwinism, intersectionality, higher education policy, and organization studies—the book addresses the key challenges facing 21st-century universities. For example, intersectionality and higher education, staff and student health and well-being, and responding to global

challenges such as the coronavirus pandemic. The book is relevant to university leaders, policy makers, educators, researchers, university staff, and students aspiring to develop their own understanding of the role of compassion in professional life. It is an important marker of the compassion turn in higher education and what this means for contemporary academic leadership, followership, and pedagogical practice.

Uncaring Penguin

An indispensable guide to reducing the suffering?of patients and caregivers alike?and to improving healthcare delivery for all In our efforts to treat patients, cure illness, and manage institutions, healthcare professionals too often overlook the fundamental purpose everyone in the industry shares: to alleviate suffering. Press Ganey's Chief Nursing Officer, Christina Dempsey, has worked everywhere in healthcare, from the ward floor to the hospital boardroom. She has also experienced the system as a patient and as a family member of a critically ill patient. In *The Antidote to Suffering*, this 30-year healthcare veteran and patient-experience thought leader argues that the key to improving healthcare is to reduce the suffering—physical, psychological, and emotional—of patients and

caregivers alike through Compassionate Connected Care™. Drawing on her 360-degree perspective, Dempsey offers a comprehensive, detailed, evidence-based plan that addresses the clinical, operational, cultural, and behavioral dimensions of care that every patient and caregiver experiences, in every setting. When suffering decreases, Dempsey argues, outcomes improve for patients and those who care for them. A virtuous cycle takes hold, leading to increases in morale, loyalty, and productivity and results in a culture that drives quality, safety, and value. It paves the path for creating a new national healthcare culture—one that values compassion, fosters efficiency, and drives innovation. *The Antidote to Suffering* is the first book to explore the pervasiveness of suffering in our healthcare system, and to provide the strategies and tools to:

- * Identify and measure suffering throughout your organization
- * Create a system in which every clinical response is informed by compassion
- * Operationalize staff behavior to promote meaning and purpose
- * Increase productivity by building a culture of collaboration

Reducing human suffering isn't just a moral imperative for healthcare providers. It's a practical way to improve organizations and fix our broken system—without sacrificing the respect, dignity, and compassion we all deserve.

Zero Harm: How to Achieve Patient

and Workforce Safety in Healthcare

Harper Collins

Patients at Risk: The Rise of the Nurse Practitioner and Physician Assistant in Healthcare exposes a vast conspiracy of political maneuvering and corporate greed that has led to the replacement of qualified medical professionals by lesser trained practitioners. As corporations seek to save money and government agencies aim to increase constituent access, minimum qualifications for the guardians of our nation's healthcare continue to decline—with deadly consequences. This is a story that has not yet been told, and one that has dangerous repercussions for all Americans. With the rate of nurse practitioner and physician assistant graduates exceeding that of physician graduates, if you are not already being treated by a non-physician, chances are, you soon will be. While advocates for these professions insist that research shows that they can provide the same care as physicians, patients do not know the whole truth: that there are no credible

scientific studies to support the safety and efficacy of non-physicians practicing without physician supervision. Written by two physicians who have witnessed the decline of medical expertise over the last twenty years, this data-driven book interweaves heart-rending true patient stories with hard data, showing how patients have been sacrificed for profit by the substitution of non-physician practitioners. Adding a dimension neglected by modern healthcare critiques such as *An American Sickness*, this book provides a roadmap for patients to protect themselves from medical harm. WORDS OF PRAISE and REVIEWS Al-Agba and Bernard tell a frightening story that insiders know all too well. As mega corporations push for efficiency and tout consumer focused retail services, American healthcare is being dumbed down to the point of no return. It's a story that many media outlets are missing and one that puts you and your family's health at real risk. --John Irvine, *Deductible Media* Laced with actual patient cases, the book's data and

patterns of large corporations replacing physicians with non-physician practitioners, despite the vast difference in training is enlightening and astounding. The authors' extensively researched book methodically lays out the problems of our changing medical care landscape and solutions to ensure quality care. --Marilyn M. Singleton, MD, JD A masterful job of bringing to light a rapidly growing issue of what should be great concern to all of us: the proliferation of non-physician practitioners that work predominantly inside algorithms rather than applying years of training, clinical knowledge, and experience. Instead of a patient-first mentality, we are increasingly met with the sad statement of Profits Over Patients, echoed by hospitals and health insurance companies. --John M. Chamberlain, MHA, LFACHE, Board Chairman, Citizen Health A must read for patients attempting to navigate today's healthcare marketplace. --Brian Wilhelmi MD, JD, FASA
United Center Street
Winner of the 2009 ACHE James A.

Hamilton Book of the Year Award! "This book is a tour de force, and no one but John Nance could have written it. Only he could have made sophisticated, scientifically disciplined instruction about the nature and roots of safety into a page-turner. Medical care has a ton yet to learn from the decades of progress that have brought aviation to unprecedented levels of safety, and, in instructing us all about those lessons, John Nance is not just a bridge-builder he is the bridge." --Donald M. Berwick, MD, MPP, President and CEO, Institute for Healthcare Improvement (IHI) *Epic Measures Createspace Independent Publishing Platform*
The ABC medical drama Grey's Anatomy has generated a flurry of interest in how medical professionals really make it through one of the most rigorous educational programs around, but how much of the medical drama seen in Grey's Anatomy is pure entertainment, and how much is an accurate reflection of life both in and out of the OR? In *The Real Grey's Anatomy*, a well-known medical journalist provides some answers. He examines a group of new surgical residents at a major teaching hospital in the Pacific Northwest as they tackle the roller-coaster ride of long hours, fascinating procedures, mundane office tasks, and emotional ups and downs that

comprise the life of a student of surgery. *The Power of Us* McGraw Hill Professional Improve your company's ability to avoid or manage crises *Managing the Unexpected*, Third Edition is a thoroughly revised text that offers an updated look at the groundbreaking ideas explored in the first and second editions. Revised to reflect events emblematic of the unique challenges that organizations have faced in recent years, including bank failures, intelligence failures, quality failures, and other organizational misfortunes, often sparked by organizational actions, this critical book focuses on why some organizations are better able to sustain high performance in the face of unanticipated change. High reliability organizations (HROs), including commercial aviation, emergency rooms, aircraft carrier flight operations, and firefighting units, are looked to as models of exceptional organizational preparedness. This essential text explains the development of unexpected events and guides you in improving your organization for more reliable performance. "Expect the unexpected" is a popular mantra for a reason: it's rooted in experience. Since the dawn of civilization,

organizations have been rocked by natural disasters, civil unrest, international conflict, and other unexpected crises that impact their ability to function. Understanding how to maintain function when catastrophe strikes is key to keeping your organization afloat. Explore the many different kinds of unexpected events that your organization may face Consider updated case studies and research Discuss how highly reliable organizations are able to maintain control during unexpected events Discover tactics that may bolster your organization's ability to face the unexpected with confidence Managing the Unexpected, Third Edition offers updated, valuable content to professionals who want to strengthen the preparedness of their organizations—and confidently face unexpected challenges.

Practicing Excellence PublicAffairs

“This book explains not only the healing power of compassionate human connection, but in the most accessible and practical ways, how to cultivate our capacity to create that connection and thereby empower others to find their best selves.”—John Makransky, author of *Awakening through Love* All of us have an innate capacity for compassion. We recognize when others are hurting, and we want to help, but we’re not always good at it. There is another way. In *The Compassionate*

Connection, Dr. David Rakel explains how we can strengthen our bonds with others—all the while doing emotional and physical good for ourselves. As founder and director of the University of Wisconsin Integrative Medicine program, Dr. Rakel discovered that we become the most effective helpers when we use the tool of human connection. Drawing on his own research and practice, as well as thirty years of published studies in medicine, sociology, psychology, meditation, and neuroscience, Dr. Rakel “stacks the deck” in favor of healing and introduces the concept of bio-psycho-spiritual authentic awareness. Not only are our bodies and minds connected, but also it has been scientifically proven that our capacity to feel beauty, awe, and compassion enhances our health and wellbeing. In *The Compassionate Connection*, Dr. Rakel provides an innovative approach to enhancing health in others and strengthening relationships through the art of connecting. These tools guide us to improve our connections—whether between doctor and patient, husband and wife, parent and child, or boss and employee—and live with clarity, wisdom, and good health.

Which Country Has the World's Best Health Care? Springer

The acclaimed author of *Pandora’s Lunchbox* and former New York Times reporter delivers an “entertaining and

highly useful book that gives you the tools to understand how alternative medicine works, so you can confidently make up your own mind” (*The Washington Post*). We all know someone who has had a seemingly miraculous cure from an alternative form of medicine: a friend whose chronic back pain vanished after sessions with an acupuncturist or chiropractor; a relative with digestive issues who recovered with herbal remedies; a colleague whose autoimmune disorder went into sudden inexplicable remission thanks to an energy healer or healing retreat. The tales are far too common to be complete fabrications, yet too anecdotal and outside the medical mainstream to be taken seriously scientifically. How do we explain them and the growing popularity of alternative medicine more generally? In *The Magic Feather Effect*, author and journalist Melanie Warner takes us on a vivid, important journey through the world of alternative medicine. Visiting prestigious research clinics and ordinary people’s homes,

she investigates the scientific underpinning for the purportedly magical results of these practices and reveals not only the medical power of beliefs and placebo effects, but also the range, limits, and uses of the surprising system of self-healing that resides inside us. Equal parts helpful, illuminating, and compelling, *The Magic Feather Effect* is a “well-written survey of alternative medicine...fair-minded, thorough, and focused on verifiable scientific research” (Publishers Weekly, starred review). Warner’s enlightening, engaging deep dive into the world of alternative medicine and the surprising science that explains why it may work is an essential read.

Patient-Centered Primary Care Open Road + Grove/Atlantic

A pair of doctors team up to illuminate, through neuroscience and captivating stories from their clinical practice, how serving others—and pitching in to the world in general—is a secret superpower. If a doctor’s prescription could bring you: - Longer life - Better health - More energy and resilience - Less burnout, depression and anxiety - More happiness, fulfillment

and well-being - More personal and professional success (including higher income) - And, no harmful side effects Would you take it? In *Wonder Drug*, physician scientists Stephen Trzeciak, M.D., and Anthony Mazzairelli, M.D., illuminate, through neuroscience and captivating stories from their clinical practices, how being a giving, other-focused person is a secret superpower. Serving others—and pitching in to the world in general—is the evidence-based way to live your life. Kinder people not only live longer, they also live better. Science shows that serving others is not just the right thing to do, it’s also the smart thing to do. *Wonder Drug* will make you rethink your notions of “self-care” and “me time,” and realize that focusing on others is a potent antidote to the weariness that so many of us feel in modern times. Getting outside of your own head, outside the swirl of self-concern that may dominate your mental chatter, is, ironically, one of the best things you can do for yourself. Building upon their earlier work showing that, in the context of healthcare, having more compassion for patients is a powerful way to not only achieve better patient outcomes, but also promote well-being, resilience and

resistance to burnout among healthcare workers, Trzeciak and Mazzairelli now extend their research to uncover how the power of serving others reaches far beyond the medical world and can be a life-changing therapy for everyone. *Wonder Drug* relates to the varying meanings of giving in real people’s daily lives. The stories in this book will convince and inspire you to make simple prism changes. You don’t need a total life upheaval, just a purposeful shift in mindset. In fact, the crucial first piece of the evidence-based prescription is this: start small. Per science, the best way to well-being and finding your true fulfillment is this: scan your orbit for the people around you in need of help, and go fill that need, as often as you can. *Concepts and Cases in Nursing Ethics, second edition* Johns Hopkins University Press An essential text for courses in public health, health policy, and sociology, this compelling book is a vital teaching tool and a comprehensive reference for social science and medical professionals. *Obtainable* McGraw Hill Professional When we need help, we count on doctors to put us back together. But what happens when doctors fall apart? Funny, fresh, and deeply affecting, *We Are All Perfectly Fine* is the

story of a married mother of three on the brink of personal and professional collapse who attends rehab with a twist: a meditation retreat for burned-out doctors. Jillian Horton, a general internist, has no idea what to expect during her five-day retreat at Chapin Mill, a Zen centre in upstate New York. She just knows she desperately needs a break. At first she is deeply uncomfortable with the spartan accommodations, silent meals and scheduled bonding sessions. But as the group struggles through awkward first encounters and guided meditations, something remarkable happens: world-class surgeons, psychiatrists, pediatricians and general practitioners open up and share stories about their secret guilt and grief, as well as their deep-seated fear of falling short of the expectations that define them. Jillian realizes that her struggle with burnout is not so much personal as it is the result of a larger system failure, and that compartmentalizing your most difficult emotions—a coping strategy that is drilled into doctors—is not useful unless you face these emotions too. Jillian Horton throws open a window onto the flawed system that shapes medical professionals, revealing the rarely acknowledged stresses that lead doctors to depression and suicide, and emphasizing the crucial role of compassion not only in treating others, but also in taking care of ourselves. *Attending* Createspace Independent Publishing Platform

imall.itead.cc by guest

NEW YORK TIMES BESTSELLER • United States Senator Cory Booker makes the case that the virtues of empathy, responsibility, and action must guide our nation toward a brighter future. Raised in northern New Jersey, Cory Booker went to Stanford University on a football scholarship, accepted a Rhodes Scholarship to Oxford University, then studied at Yale Law School. Graduating from Yale, his options were limitless. He chose public service. He chose to move to a rough neighborhood in Newark, New Jersey, where he worked as a tenants' rights lawyer before winning a seat on the City Council. In 2006, he was elected mayor, and for more than seven years he was the public face of an American city that had gone decades with too little positive national attention and investment. In 2013, Booker became the first African American elected to represent New Jersey in the U.S. Senate. In *United*, Cory Booker draws on personal experience to issue a stirring call to reorient our nation and our politics around the principles of compassion and solidarity. He speaks of rising above despair to engage with hope, pursuing our shared mission, and embracing our common destiny. Here is his account of his own political education, the moments—some entertaining, some heartbreaking, all of them enlightening—that have shaped his civic vision. Here are the lessons Booker learned from the remarkable people who inspired him to serve, men and

women whose example fueled his desire to create opportunities for others. Here also are his observations on the issues he cares about most deeply, from race and crime and the crisis of mass incarceration to economic and environmental justice. "Hope is the active conviction that despair will never have the last word," Booker writes in this galvanizing book. In a world where we too easily lose touch with our neighbors, he argues, we must remember that we all rise or fall together—and that we must move beyond mere tolerance for one another toward a deeper connection: love. Praise for *United* "An exceedingly good book, and an important book, and a reminder of what makes Booker an important and, through it all, a promising public figure."—PolitickerNJ "What sets Senator Booker's work apart from that of similar political books is that it seeks to elevate discourse rather than bring down opponents of the opposite partisan persuasion. This is a refreshing take, one that is truly worthy of study and contemplation."—The Huffington Post

Awakening Compassion at Work Health Administration Press

Presenting an outline of the four necessary steps for meeting suffering with compassion, this insightful book shows how to build a capacity for compassion into the structures and practices of an organization. --

The Real Grey's Anatomy Scribner

'PUT THIS ON EVERY LEADER'S DESK NOW!' Jack Milner, Executive Coach Fans of Matthew Syed, Angela Duckworth, Simon Sinek, Brené Brown, Timothy Ferris and Malcolm Gladwell should read *The Power of Us* now! Why do some organisations thrive while others seem paralysed by inaction? How do we become more innovative? *The Power of Us* is the result of a three-year journey around the world seeking out highly successful companies from BrewDog and Patagonia to inner city schools and renewable energy co-ops to find the answers. Cultivating people-powered innovation enables everyone to collaboratively work to figure things out. We just need to nurture the mindset and culture that makes innovation an everyday occurrence. Consultant, global thought leader and author David Price shows you how with a practical toolkit of ideas centred on 8 key principles: Trust and Transparency Engagement and Equity Autonomy and Agency Mastery and Meaning Thought-provoking and incisive, *The Power of Us* is an urgent call for leaders, teams

and individuals to challenge the status quo, transform our lives and rebuild a better world for the future. Praise for *The Power of Us*: 'Brilliant... If you only read one book this year, make it this one.' Jamie Smith, CEO C-Learning 'One of the most important titles of our time on one of the most important topics of our time.' Jeff Ikler, Getting Unstuck podcast 'Packed with fascinating case studies showing that innovation often comes from unexpected places and is the result of ordinary people who are willing to go against the grain. Essential reading if you want to imagine a better future and get inspired.' Sam Conniff Allende & Alex Barker, *Be More Pirate* '...the closest thing we're going to get to a single handbook...of all of the things that we need to do and consider as organisations and leaders...Funny, helpful and engaging and full of actionable ideas and anecdotes. Do yourself and your organisation a favour and read this book!' Dave Coplin, CEO Envisioneers Ltd 'Whether you lead thousands or are looking to make a personal contribution to the planet, *The*

Power of Us... is for us!' Peter Hutton, Director, Future Schools Alliance 'Thought-provoking and incisive...an urgent call for leaders, teams and individuals to challenge the status quo.' Tom vander Ark, CEO Getting Smart 'Truly inspired... A magnificent learning book for now.' Garry Ridge, CEO & Chair, WD-40 Company 'A book of our time... will inspire you, drive you and ultimately connect us all.' Dr Richard Gerver; speaker, author, educator 'The *Power of Us* is the first book that captures the cultural forces that power innovation, the structural elements to fuel people power, and the tool-kit to nurture mass innovation.' Annalie Killian, sparks & honey [Intelligent Kindness](#) Broadview Press The best strategies in healthcare begin with empathy Revolutionary advances in medical knowledge have caused doctors to become so focused on their narrow fields of expertise that they often overlook the simplest fact of all: their patients are suffering. This suffering goes beyond physical pain. It includes the fear, uncertainty, anxiety, confusion, mistrust, and waiting that so often characterize

modern healthcare. One of healthcare's most acclaimed thought leaders, Dr. Thomas H. Lee shows that world-class medical treatment and compassionate care are not mutually exclusive. In *An Epidemic of Empathy in Healthcare*, he argues that we must have it both ways—that combining advanced science with empathic care is the only way to build the health systems our society needs and deserves.

Organizing providers so that care is compassionate and coordinated is not only the right thing to do for patients, it also forms the core of strategy in healthcare's competitive new marketplace. It provides business advantages to organizations that strive to reduce human suffering effectively, reliably, and efficiently. Lee explains how to develop a culture that treats the patient, not the malady, and he provides step-by-step guidance for unleashing an "epidemic of empathy" by:

- Developing a shared understanding of the overarching goal—meeting patients' needs and reducing their suffering
- Making empathic care a social norm rather than the focus of economic incentives
- Pinpointing and addressing the most significant causes of patient suffering
- Collecting and using data to drive

improvement Healthcare is entering a new era driven by competition on value—meeting patients' needs as efficiently as possible. Leaders must make the choice either to move forward and build a new culture designed for twenty-first-century medicine or to maintain old models and practices and be left behind. Lee argues that empathic care resonates with the noblest values of all clinicians. If healthcare organizations can help caregivers live up to these values and focus on alleviating their patients' suffering, they hold the key to improving value-based care and driving business success. Join the compassionate care movement and unleash an epidemic of empathy! Thomas H. Lee, MD, is Chief Medical Officer of Press Ganey, with more than three decades of experience in healthcare performance improvement as a practicing physician, leader in provider organizations, researcher, and health policy expert. He is a Professor (Part-time) of Medicine at Harvard Medical School and Professor of Health Policy and Management at the Harvard School of Public Health.